

Recipe & Art Contest: Help Us Celebrate Farm to School Month and National School Lunch Week

The Davis Joint Unified School District, in partnership with Davis Farm to School, is celebrating Farm to School Month (October) and National School Lunch Week (October 11-15) with a District-wide *Recipe and Art Contest!*

Recipe Contest: The grand prize winner of the District-wide healthy recipe contest will have their recipe featured as a school meal!

The top winners for elementary school, junior high, and high school will also each receive \$25 Market Dollars to use at the Davis Farmers Market, a \$25 Davis Food Co-op Gift certificate, and swag from the Davis Farmers Market and Davis Food Co-op. All submissions will be included in a DJUSD Student Recipe Cookbook that will be published online.

Recipe Contest Rules:

1. Recipes must include 7 ingredients or less.
2. Recipes must include at least 1 [Harvest of the Month](#) ingredient (see table below).
3. Recipe may be for a lunch or breakfast item.
4. Dish must be Student Nutrition Services staff “friendly,” allowing them to incorporate the recipe into their school menu and be replicable by Student Nutrition Services staff.
5. Recipes should not contain nuts.
6. Winners will be selected by a panel of judges that include: Mark Powell, DJUSD Student Nutrition Services Director; Cynthia Raub, co-owner of Musette (formerly known as Pannier); and Ann Evans, former Davis Mayor, co-founder of Davis Farmers Market, the Davis Food Co-op and Davis Farm to School. Student votes will also be considered in selecting the winner!
7. Deadline to enter is Friday, October 22, 2021. One entry per student. Student voting will be open October 25-27, 2021. Winners will be announced Friday, October 29, 2021.

To submit a recipe:

- Email your recipe to info@davisfarmtoschool.org by Friday, October 22, 2021.
- Please include an original photo or video of your meal (videos should be 1 minute or less). Photos/videos are strongly encouraged but not required.

Art Contest: The grand prize winner of the District-wide artwork contest will have their art featured on a school meal menu!

The top winners for elementary school, junior high, and high school will each also receive \$50 in gift certificates from local businesses and swag from the Davis Farmers Market and the Davis Food Co-op. All submissions will be included in a DJUSD Student Recipe Cookbook that will be published online.

Art Contest Rules:

1. Must be original artwork such as drawing, painting, mixed-media, or digital.
2. Artwork must depict at least 1 [Harvest of the Month](#) ingredient (see table below).
3. Artwork may not contain threatening, offensive, or abusive material and must otherwise conform with District requirements.
4. Artwork must be reproducible as a school menu background (see examples from other schools [here](#) and [here](#))
5. Winners will be selected by a panel of judges. Student votes will also be considered in selecting the winner!
6. Deadline to enter is Friday, October 22, 2021. One entry per student. Student voting will be open October 25-27, 2021. Winners will be announced Friday, October 29, 2021.

To submit your art:

- Email your submission (as a PDF, JPG or PNG) to info@davisfarmtoschool.org by Friday, October 22, 2021 or drop off your original artwork to your school office.

Harvest of the Month Featured Produce

Season	Fruits	Vegetables
Fall	Apples* Kiwifruit Pears Persimmons	Tomatoes* Winter Squash Cooked Greens* Root Vegetables*
Winter	Mandarins Oranges Grapefruit	Broccoli* Cabbages* Sweet Potatoes Beets* Dry Beans*
Spring	Avocados Dried Fruit* Strawberries* Berries*	Asparagus Carrots Peas Spinach Cucumber*
Summer	Grapes Melons Peaches/Nectarines Plums	Corn Green Beans Potatoes* Salad Greens* Peppers* Zucchini

*Peak availability occurs in multiple seasons or year-round.

The **Harvest of the Month Featured Produce** were selected based on the following criteria:

California grown

In season

Represent a diverse variety of colorful fruits and vegetables

Familiar to children

Affordable when purchased in season

Easy to use for taste testing

Recommended by school produce buyers for seasonal availability and cost

<https://harvestofthemonth.cdph.ca.gov/Pages/Produce-List---Criteria.aspx>

President John F. Kennedy created **National School Lunch Week** in 1962 to promote the importance of a healthy school lunch in a child's life and the impact it has inside and outside of the classroom. The National School Lunch Program (NSLP) serves nearly **30 million** children every school day. This year, California became the first state to offer **free school meals** to all public school students.

Farm to School Month celebrates the connection between children, local food and farms. Through Farm to School programs, students gain access to healthy, local foods as well as education opportunities such as school gardens, cooking lessons and farm field trips. Farm to school empowers children and their families to make informed food choices while strengthening the local economy and contributing to vibrant communities.

Davis Farm to School supports DJUSD schools in their goals to provide farm and garden-based education, increase farm fresh foods in school meals, and reduce solid waste through recycling and composting programs.

The mission of DF2S is to create an educational and cultural environment in our schools that connects food choices with personal health, community, farms and the land.

You can learn more at www.davisfarmtoschool.org

Davis Farm to School is a project of the non-profit Davis Farmers Market Alliance.